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Prof. FATHY SAYED NASR (M.D.)

Emeritus Professor of Anesthesiology & Pain Management

Al-Azhar University, Cairo, Egypt

Professional Background

1. Professor of Anesthesiology and Pain Management at Al-Azhar University Hospitals, Cairo, Egypt.
2. Founder and director Pain Relief Unit (Al Zahra University Hospital).
3. Member and co-founder of the Egyptian Society for the Management of Pain.
4. Member of the International Association for the Study of Pain ([IASP](#))
5. *Past President of the IASP Middle-east Chapter.*
6. Founder and current secretary general of the First Pan-African Pain Congress.
7. Vice President of the Egyptian Society for the Management of Pain (ESMP).
8. Co-founder and examiner of the M.Sc. degree in Pain Management at the National Cancer Institute in Cairo, Egypt.
9. Member of the International Pain Advisory Board and Control of Narcotics and Drug Prescription.
10. Referee of the WHO Journal.
11. Founder of the of the M. Sc. degree in Pain Management at Al-Azhar University, Egypt.
12. President of Egyptian Society of Disabled
13. Vice President of Egyptian Society of Anesthesia
14. Treasurer of Society of Osteotomy
15. Secretary of Low Back Pain Association
16. Consultant of anesthesia ,ICU and Pain relief , Health Insurance Organization

17.Key Responsibilities

1. Educational :

1. In the form of presenting systemic lectures about anesthesiology and pain management. These lectures at the levels of under and post graduates (Master and MD degrees)
2. Lectures (Review articles) during the congresses and training courses.
3. Organization of training courses on Pain for the G. P and Junior doctors.
4. Establishment of Pain Courses in Ministry of Health and IHO
5. Production of video films on regional analgesia and sympathetic chain blocks.
6. Production 23 Books on pain management and general medical subjects (Arabic , English and Chapter in Italian book).

2. Research:

1. In the form of supervision on thesis for MD and Master Degrees.
2. Supervision on research work papers done by the junior investigators.
3. Examiner for candidates presenting Master and MD thesis.

4. Referee for Research papers in the field of pain and regional analgesia.
3. **Clinical :**
 1. Practical and clinical anesthesia for routine surgery of different types with more care for post operative analgesia.
 2. Presenting educational clinical and practical demonstrations in the operating theaters and out patient pain clinic

Conferences Participation

International Conferences

Conference	Date	Place	Role
The World Congress on Pain organized by the IASP	1997	Italy	Speaker & Chairperson
The World Congress on Pain organized by the IASP	2002	USA	Speaker
8th. International Anesthesia Conference	2001	Pakistan	Speaker & Chairperson
2nd World Congress of WIP	2001	Turkey	Speaker
First Pan African Pain Congress	2000	Egypt	Speaker & Chairperson and organizer
World Wide Pain Congress of The WIP and WSPC	2000	USA	Speaker
The World Congress on Pain organized by the IASP	1999	Austria	Speaker
The World Congress on Pain organized by the IASP	2005	Honking	Speaker
The World Congress on Pain organized by the IASP	1997	Prag	Speaker
The World Congress on Pain organized by the IASP	1984	USA.	Speaker
The World Congress on Pain organized by the IASP	1993	France	Speaker
Italian Egyptian Pain Congress,	1993	Italy	Co-founder, organizer and speaker
International Pain Congress of Brazil,	1993	Brazil	Speaker
2nd. International Congress on Cancer Pain	1988	USA	Speaker

Turkish Egyptian Pain Congress, 1988	1988	Turkey	Co-founder, organizer and speaker
Egyptian Italian Pain Congress	1986	Egypt	Co-founder, organizer and speaker
International Congress on Acupuncture	1983	Austria	Speaker
Anesthesia Congress	1981	Greece	Speaker

Regional Conferences

Conference	Date	Place	Role
The annual meeting of the Indian Association for the Study of Pain	2007	India	Speaker
The 2 nd . African Pain Congress	2006	Libya	Speaker & Chairperson
The Arab Congresses for Anesthesia, ICU and Pain Management	2006	UAE	Speaker
The 1st. Congress of the Pan Arab Institute of Pain	2004	Egypt	Co-founder, organizer and Speaker
The Pain Advisory Board	2002	UAE, Dubai	Speaker and Advisor
The Pan Arab Congresses for Anesthesia, ICU and Pain Management on	2000	UAE	Speaker
The Pan Arab Congresses for Anesthesia, ICU and Pain Management	1998	Egypt	Speaker
The Pan Arab Congresses for Anesthesia, ICU and Pain Management	1989	Tunisia	Speaker
The Pan Arab Congresses for Anesthesia, ICU and Pain Management	1985	Jordan	Speaker
The Egyptian Syrian Pain Congress	1990	Syria	Co-founder, organizer and Speaker

National Conferences

Conference	Date	Place	Role
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Regular Meeting of the Educational Hospitals	2002	Egypt	Speaker
Annual Meeting of Al- Azhar University, Avicenna Pain Relief Unit	2002	Egypt	Speaker and Organizer
Regular Meeting of the Pain Experts, GOOD SHEPERD Hospital.	2002	Egypt	Attendant
The Annual Pain Congress of the Egyptian Society for E. Anesthesiologist	From 1976 till now	Egypt	Co-founder, organizer and Speaker
The Annual anesthesia, ICU, and Pain Management of the Egyptian Society of Anesthesiologists	1984 - 2001	Egypt	Co-founder and Speaker
The Annual meeting of Alexandria Society for Anesthesiology and ICU	1991- 2001	Egypt	Co-founder and Speaker

Research Interests

1. Management of Neuropathic pain problems
2. Management of Spasticity and Myofacial pain syndromes problems
3. Evaluation of Different Approaches to the Regional Blocks in Chronic Pain Managements
4. Comparison Between the Efficacy of Long Standing Implantation Epidural Catheters with Port Versus the Usual Catheters
5. Clinical use of Psychotropic Drugs in Acute and Chronic Pain Management

Publications:

1. A. English Books: Laser therapy, magnetic therapy, biofeedback, psychology of pain, regional blocks , calcium and calcium antagonist, nitrogen balance, and muscle blocks
2. B. Arabic books: laser therapy, acupuncture, physiology and anatomy of the human body, sleep, dictionary of pain, biofeedback and 2 volumes on obesity
3. C. Italian book: Biofeedback chapter. In Lamberto A. and Beltrito D (Italian book).
4. Last positions:
5. Head of department of anesthesia, ICCU and pain relief, Al Azhar University
6. President of Middle East association for study of pain
7. Vice president of central society of Egyptian Anesthesiologists.

FATHY S NASR

1. Emeritus Professor of ICU and Pain Relief Al Azhar University
2. MB.BCH., DA, DM, DPsM.N, EEG, EMG courses, MD
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